

DON'T
MISS



Sunday 22 June 2014

1pm-6pm, Chestnuts Field E17 4JF

FREE
EVENT
NO TICKET
REQUIRED



Waltham Forest

NEWS

Your Council keeping residents informed
www.walthamforest.gov.uk

Issue 116

9 June 2014

Drop in gang violence and robbery

Home Office figures show a 28 per cent drop in the borough's gang violence and robbery in 2013/14

Waltham Forest's ground breaking anti-gangs programme, Enough is Enough, is set to enter its second phase and continue for another three years. And the news comes as new Home Office crime figures suggest that gang violence in the borough fell again last year.

The statistics show that Waltham Forest saw the biggest drop in gang violence and personal robbery of all London's priority gang boroughs last year. These are the nineteen London boroughs that currently have dedicated gang crime task forces.

The Home Office figures show that robbery and gang violence – which includes homicide, attempted murder and grievous bodily harm with intent – fell by 28 per cent in 2013/14. This is double the 14 per cent reduction recorded across London as a whole.

This is the second year that

Waltham Forest has topped the London table for crime reduction. In 2012/13, the borough saw the second highest fall in gang violence amongst 10-16 year olds across London, with a reduction of 87 per cent compared with the London average reduction of 63 per cent.

Now, for the first time in a decade, the likelihood of being robbed in Waltham Forest has fallen below the London average. In 2013/14 there were 731 fewer robberies in the borough than in 2011/12. Moreover, since the launch of Enough is Enough, personal robbery has fallen by 49 per cent.

Council Leader, Chris Robbins, told Waltham Forest News: "Our award winning programme has helped benefit local young people and their families, thanks to partnership working between the Council, the police and other

Chase Lane Primary wins Kids Cup

In brief
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Chase Lane Primary School, who were representing Leyton Orient, won the national eight-a-side League 1 Kids Cup at Wembley Stadium on Sunday 25 May. Pictured, back row from left, are Ange Mulula, Mahdi Haidari, Jayden Bennett and Luke May-Parrott. Front row from left are: Jack Moore, Harvey Livings-Corbin, Demaray Anyadike and Dotun Ogunbayo. Turn to p3 for more information. Photo by PA/Football League.

community organisations. The reduction in gang-related robberies alone over the last two years is estimated to have saved the public purse £4million.

"The programme involves the local community and brings together our work on prevention

and the police's work on enforcement. There is real community support for helping these families and intervening where necessary. The Council is committed to this programme and will work with partners to continue it into the second phase."

More info

For more information visit www.walthamforest.gov.uk/enough-is-enough. Free internet access is available at all libraries in the borough.



Gilwell Park, Bury Road, Chingford, London E4 7QW

Open Days 2014

Thursday 24 July

Thursday 6 November

Explore our scenic 108 acres and indulge yourself by sampling our food and beverages.



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e: gilwell.conferences@scouts.org.uk t: 020 8498 5300

European Parliamentary Election results

As well as voting in the local elections, Thursday 22 May also saw residents casting their votes for the European Parliament.

Candidates backed by 17 political parties competed for eight seats to represent London as Members of the European Parliament (MEPs).

The European Parliamentary Elections are run using a form of proportional representation. Voters had one vote, which was cast for a political party. Each party submitted its list of candidates in priority order. The parties won more seats (which were then allocated to the candidates on the list in priority order) according to the overall share of the vote received.

The results of the election could

not be announced in the last edition of Waltham Forest News as they could not be declared until all polls closed across Europe on Sunday 25 May.

The London-wide results of the election were:

- 4 Freedoms Party (UK EPP) – 28,014 votes
- An Independence from Europe – 26,675
- Animal Welfare Party – 21,092
- British National Party – 19,246
- Christian Peoples Alliance – 23,702
- Communities United Party – 6,951
- Conservative Party – 495,639
- English Democrats – 10,142
- Europeans Party – 10,712
- Green Party – 196,419

- Harmony Party – 1,985
- Labour Party – 806,959
- Liberal Democrats – 148,013
- National Health Action Party – 23,253
- National Liberal Party – True Liberalism – 6,736
- NO2EU – 3,804
- UK Independence Party (UKIP) – 371,133

The number of votes cast for each party in Waltham Forest was:

- 4 Freedoms Party (UK EPP) – 890
- An Independence from Europe – 951
- Animal Welfare Party – 667
- British National Party – 583
- Christian Peoples Alliance – 869
- Communities United Party – 286

- Conservative Party – 9,442
- English Democrats – 269
- Europeans Party – 285
- Green Party – 7,078
- Harmony Party – 72
- Labour Party – 28,205
- Liberal Democrats – 4,416
- National Health Action Party – 743
- National Liberal Party – True Liberalism – 254
- NO2EU – 233
- UK Independence Party (UKIP) – 10,677

As MEPs represent the whole of London, rather than individual boroughs, these results mean that the eight MEPs who will represent London in the European Parliament are:

Claude Moraes, Labour Party;

Syed Salah Kamall, Conservative Party; Mary Honeyball, Labour Party; Gerard Joseph Batten, UK Independence Party (UKIP); Lucy Anderson, Labour Party; Timothy Charles Ayrton Tannock, Conservative Party; Seb Dance, Labour Party and Jean Denise Lambert, Green Party.

A full list of votes cast in each London borough is available on the London European Elections website.

More info

For more information visit www.londoneuroelections.org.uk. Free internet access is available at all libraries in the borough.

In my opinion



Anne-Marie Stevens

Plant Nation

For many years, a team of 'Walthamstow Village in Bloom' volunteers has kept the village looking pretty and filled with lovely plants and flowers. They have won numerous awards from London in Bloom and have been finalists in Britain in Bloom.

I think that it would be great to extend this pride in our surroundings across the whole of Waltham Forest. If we could line our streets with greenery and beautiful flowers, we'd not only make our borough a more attractive place to live, but well-

cared for areas also tend to attract less crime.

Plants provide us with a multitude of benefits. They make our streets look leafier and our houses prettier (inside and out), they provide food and shelter for wildlife and food for our plates. They also consume CO₂, thereby limiting the impact of our emissions. Gardening is also a very therapeutic activity which encourages community spirit and gets neighbours talking.

If we each took responsibility to 'green up' our own front garden this year, we could collectively transform our streets for relatively

little cost or effort. You could turn a tired or empty border into a lush green space by adding some shrubs or even a small tree. Or why not refresh old pots with some herbaceous perennials that will come back and reward you with a display of flowers year after year.

If your garden is paved for use as a parking space you can still make a difference, and make the space much more attractive. By removing sections of the paving and sub-base (where the car tyres won't go) and adding some shrubs and flowers around the edges in these new borders, or in planters, you

can soften the hard surfaces. If your car will be away during the day, you could even create a green strip between the tyre tracks by planting a tough ground-cover plant such as thyme.

You can get plants for free by taking cuttings from green-fingered friends and neighbours, or you can keep the cost down by growing from seed. You don't even need a

garden to help make the borough a nicer, leafier place, stunning displays can be created in hanging baskets and window boxes.

I really hope that you will join in 'greening up' and transforming our borough. The neighbours will be impressed; we might even start a trend!

For more tips you can visit www.plantnation.uk.com.

Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 300 words; Waltham Forest News wants to hear from you. Email the Editor at: walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.

**Contact
Waltham Forest
Council:**

Visit www.walthamforest.gov.uk
E-mail Wfdirect@walthamforest.gov.uk
Call 020 8496 3000



Waltham Forest News

Editor: Jenny England

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews@walthamforest.gov.uk or phone 020 8496 3000.

Advertising and promotional enquiries:

Sue Hardcastle, 020 8496 3000 (press 6)
advertisingwfn@walthamforest.gov.uk

Waltham Forest Council does not accept responsibility for the content of any non-council advertisements in Waltham Forest News.

Their inclusion does not mean that the council endorses the company or product being advertised.

Waltham Forest News is produced using trees from sustainable managed forests where more trees are planted than felled. Please recycle Waltham Forest News when you have finished with it.



Waltham Forest News is published fortnightly by London Borough of Waltham Forest with a print run of 110,000 copies delivered to homes, organisations, businesses and bulk drops in the borough.

The official independently audited free letterbox delivery of Waltham Forest News is 97,759, ABC Regional July 2012-Dec 2012

Local talent on show at the Tate Modern

Artwork created by Waltham Forest residents will be shown at the Tate Modern as part of Learning Disability Week 2014.

Every year the world-renowned gallery exhibits work from people with learning disabilities to mark the awareness week, which this year takes place between Monday 16 and Sunday 22 June.

This year three works of art by residents who attend 247 Markhouse Centre Day Opportunities will go on display, after being selected for the show by a judging panel made up of two independent artists and the access

curator of Tate Modern.

This year's theme was 'Light and Dark'. The three pieces by local residents are 'Light of Hope' – a sculpture created using balloons, string and glue; a photography project entitled 'Chiaroscuro' that was created in partnership with Kelmscott School, and a short film shot in negative of a dance group that includes members with more complex needs.

The masterpieces will be on show in the Starr Auditorium at the Tate Modern (Bankside, SE1 9TG) on Tuesday 24 June from 11am to 5pm.

Other activities planned to mark Learning Disability Week include a sports day at Waltham Forest Pool and Track (Chingford Road, E17 5AA) on Thursday 26 June which runs from 10.30am to 3pm. On the day anyone aged 16 or over with a disability will be able to try sports including sitting volleyball and zumba.

On Friday 20 June there will also be a party in the park with dancing, live music, and lots of food and drink stalls. The event takes place at Eton Manor Rugby Club in Wanstead (Nutter Lane, E11 2JA) between 11am and 5pm.

All the events being held as part of Learning Disability Week are jointly organised by Waltham Forest Council, Redbridge Council and the North East London NHS Foundation Trust.

More info

For more information on the exhibition visit www.tate.org.uk/visit/tate-modern. For more information on Learning Disability support services visit www.walthamforest.gov.uk and search 'learning disability services' or phone **020 8496 3000**.

In brief

Wembley highs and lows

The borough's football fans experienced the highs and lows of the beautiful game at Wembley Stadium on Sunday 25 May.

The day started with success, when Chase Lane Primary School, Chingford – who were representing Leyton Orient – won the final of the League 1 Kids Cup competition.

The Kids Cup is the Football League's national eight-a-side competition for children aged 11 and under. Each Football League club across the country organises a football competition for local schools and the winner goes on to represent that club.

Chase Lane Primary battled through a number of local rounds and regional tournaments to reach the final, which was played under the famous Wembley Arch prior to the Sky Bet League 1 Play-Off Final.

Chase Lane were crowned champions after a 1-0 win against Nottingham School. The team sealed the win thanks to a strike from Demaray Anyadike.

Team coach, Tyrone Hercules, said: "The boys did brilliantly well. We've had tournament after tournament and throughout the players asked how they could get to Wembley - they were determined to do it. It has taken a bit of luck, but a lot of skill. To win was a lump-in-the-throat moment."

Match-winner Demaray Anyadike added: "It was so good to play at Wembley - I enjoyed it a lot. I was proud of myself for scoring the winning goal and proud of the team to get this far because it's a once-in-a-lifetime opportunity."

Following the Kids' Cup, the main event saw Leyton Orient take on Rotherham United in the Sky Bet League 1 Play-Off Final. Both teams were hoping for the win that would secure them the remaining place in the Championship.

With a 2-0 lead at half time, the O's looked to be in control. But Rotherham United fought back in the second half with Alex Revell scoring twice in five minutes.

The game finished 2-2 in normal time, and with Orient dominating possession during extra time, the game finished 2-2 and headed for a penalty shoot-out.

The O's went 3-2 ahead from the spot, but in yet another dramatic twist, Rotherham goalkeeper Adam Collin saved the final two penalties – sending Rotherham United into the Championship at the expense of Leyton Orient.

Waltham Forest News would like to congratulate Chase Lane for their win, and wishes Leyton Orient a successful 2014/15 season.

Summer fun for all



The ever-popular Mela festival returns to Waltham Forest on Sunday 22 June

A double whammy of yummy food, dancing, and cultural exploration kick starts the summer this month.

Waltham Forest residents will have no excuses to be bored on Sunday 22 June when two separate free festivals take place in the borough.

The ever popular Mela returns to Waltham Forest to celebrate the best of Asian culture with mesmerising music, spellbinding dance, a fantastic funfair, bouncy castles and a fine array of exciting

food and drinks.

One of the acts includes recording artist Taz, aka Stereo Nation, who is managed by Neville Staples from The Specials and Fun Boy Three. Taz has recently secured three major songs on British film director Gurinder Chadha's OBE new film 'It's A Wonderful Afterlife'.

Host for the event will be former EastEnders' actor Ameet Chana, who played Adi Ferreira, and mesmerising its audience with their versatility and energy will be Jazba

Dance Troupe.

On the same day, but in the south of the borough at Leyton Jubilee Park (Seymour Road Leyton E10 7BL), will be the Mid-Summer Festival.

The whole family can celebrate summer in the newly regenerated park where an eclectic range of Eastern European music and delicious food and drink will be on offer. There will also be a range of arts, activities and entertainment for all ages to enjoy.

A ridgeline climbing wall will be

installed along with pedal go karts and a number of trampolines.

More info

The event will take place at Chestnuts Field, Waltham Forest Town Hall complex (Forest Road E17 4JF) from 1pm to 6pm. For more information contact Waltham Forest Events Team on **020 8496 3000** or visit www.walthamforest.gov.uk/events. Free internet access is available in libraries across the borough.

London Borough of Waltham Forest

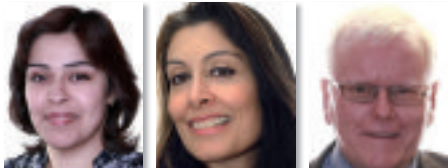
Your Councillors

Cann Hall



Patrick Edwards Sally Littlejohn Keith Rayner

Cathall



Naheed Asghar Shameem Highfield JP Terry Wheeler

Chapel End



Paul Douglas Louise Mitchell Steve Terry

Chingford Green



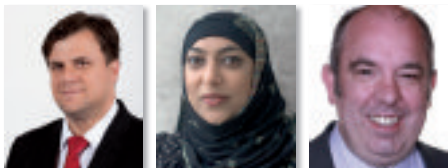
Matt Davis Nick Halebi Andy Hemsted

Endlebury



Roy Berg Caroline Erics Peter Herrington

Forest



Kastriot Berberi Shabana Dhedhi Gerry Lyons

Grove Green



Khevyn Limbajee Anna Mbachu Chris Robbins

Hale End and Highams Park



Tony Bell Paul Braham Sheree Rackham

Hatch Lane



Marion Fitzgerald Tim James Geoff Walker

High Street



Liaquat Ali MBE JP Raja Anwar Clare Coghill

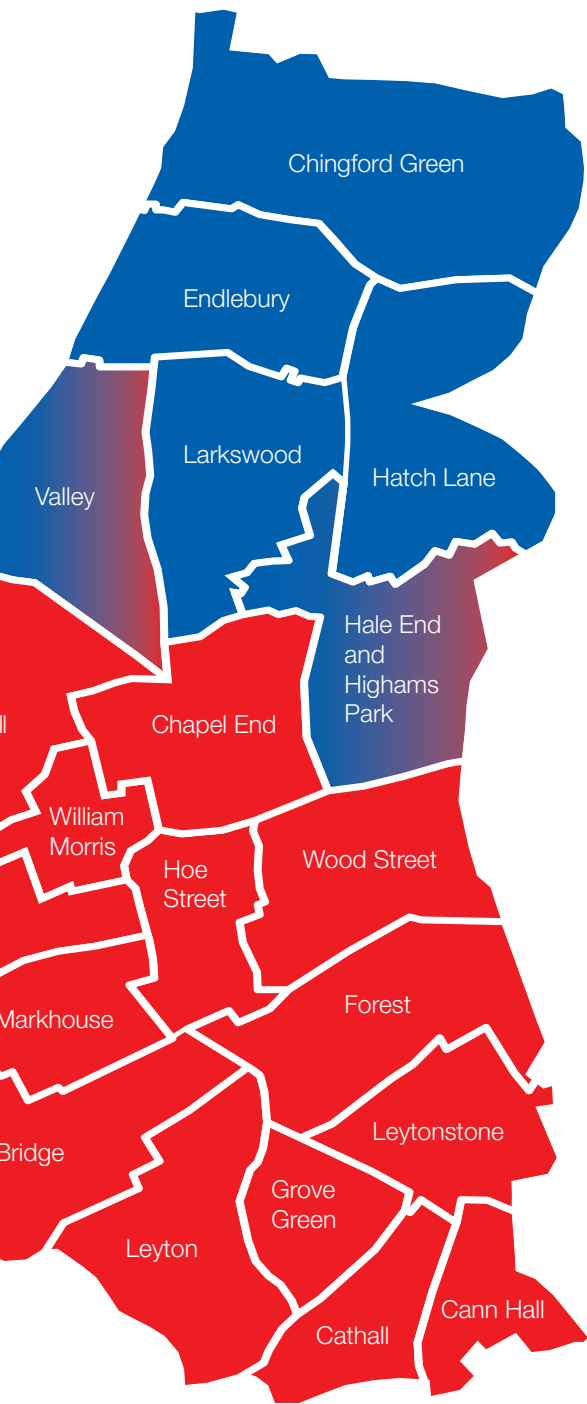


Labour

Conservative

The number of Councillors per political party is now Labour 44 and Conservatives 16. This means the next election will elect 60 Councillors to Waltham Forest Council. The Leader, Cabinet and Mayor will be elected at the annual full Council meeting in May 2024. For more information visit [Waltham Forest News](#).

To contact your local Councillor, or for more information, visit www.walthamforest.gov.uk/councillors or phone Waltham Forest Direct on 020 8496 3000



Con Lab

Higham Hill

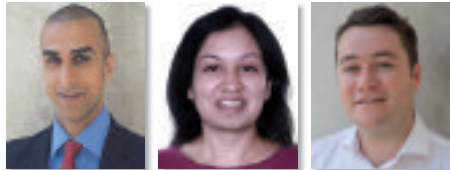


Karen Bellamy

Tim Bennett-Goodman

Alistair Strathern

Hoe Street

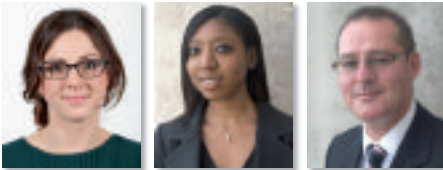


Ahsan Khan

Saima Mahmud

Mark Rusling

Larkwood



Millie Balkan

Bernadette Mill

John Moss

Lea Bridge



Masood Ahmad

Mohammad Asghar

Yemi Osho

Leyton



Jacob Edwards

Whitney Ihenachor

Simon Miller

Leytonstone

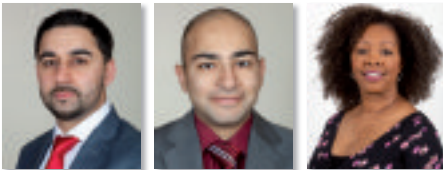


Jenny Gray

Clyde Loakes

Marie Pye

Markhouse



Johar Khan

Asim Mahmood

Sharon Waldron

Valley



Aktar Beg

Jemma Hemsted

Alan Siggers

William Morris

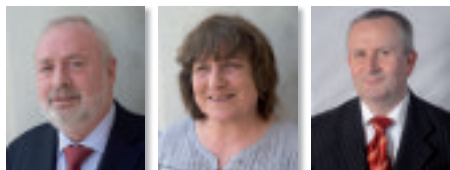


Nadeem Ali

Stuart Emmerson

Grace Williams

Wood Street



Peter Barnett

Angie Bean

Richard Sweden

ans that the Labour Party has retained overall control of Waltham
ng on 12 June 2014 and will be reported in the next edition of

NAME
&
SHAMEDON'T
MESS
WITH
WALTHAM
FOREST

Waltham Forest Council is committed to cleaning up the borough and wiping out enviro-crime. We will be taking tough action against those people who continue to blight our borough, and will name and shame the people we catch.

Leaving waste on the street is just one of the areas the Council looks to address and last month one business felt the full force of the law when Council officers discovered them using the highway as a dumping ground.

W. Stock and Company Limited of Higham Hill Road, Walthamstow were caught dumping trade waste in the street. When challenged they were also unable to produce Waste Transfer Notes and accordingly were prosecuted for fly tipping and having No Waste Transfer Notes.

The subsequent prosecution brought against them by the Council led to a fine of £1,000 for the fly tipping and £500 for the Waste Transfer Note offence, costs of £500 and a Victim Surcharge of £60 at Thames Magistrates' Court on 23 May.

Many people will share the Council's desire to crack down on fly tipping. It is one of the priority areas that Waltham Forest Council has addressed as part of its ongoing campaign against enviro-crime in the borough and has led to a 32 per cent drop in occurrences over the last three years.

However, offences such as being unable to produce Waste Transfer Notes can seem more bureaucratic. In fact they are an essential part of the drive to stop fly tipping and other illegal activity in the borough.

By Enforcement Officers regularly checking that anyone transporting waste in the borough has the necessary paperwork, the Council can make sure people carrying potential fly tip material are tracked and their waste accounted for.

In May there were also 92 Fixed Penalty Notices issued, 36 of which were for littering offences which included four for spitting and one for urinating in the street.

More info

To find out more about the Council's, 'Don't mess with Waltham Forest' campaign visit www.walthamforest.gov.uk/dontmess. Report an enviro-crime by visiting www.walthamforest.gov.uk/report-it or phone Waltham Forest Direct on 0208 8496 3000.

Food
Standards
Agency

The Food Standards Agency is warning people not to wash raw chicken, as it can spread harmful bacteria in your kitchen

Food Safety Week 2014

- This year's campaign highlights the fight against *Campylobacter* poisoning
- Help tackle it by not washing raw chicken and ensuring it's cooked properly

Food Safety Week this year takes place from Monday 16 to Sunday 22 June, and highlights the reasons why people need to be vigilant about food safety. One area that is being talked about this year is the fight against campylobacter – a bacteria commonly found in raw meat that can cause severe food poisoning.

The bacteria is so common that in 2014 around a quarter of a million people could be affected by it. That's equivalent to three times the number of people who attended the London 2012 Olympic Games Opening Ceremony two years ago.

The main problem with campylobacter is that you can't see it, smell it or even taste it on food, but if campylobacter affects you, you won't forget it. At its worst, it can even kill you.

The bacteria is most commonly found in contaminated poultry. One of the main ways that campylobacter poisoning is spread is by touching raw chicken. The advice being given by the Food Standards Agency is that you should not wash raw chicken as

germs can easily be spread to kitchen surfaces, clothing and utensils. If you handle raw chicken, always wash your hands thoroughly with soap before and after.

Waltham Forest Council is working with the Food Standards Agency (FSA) to campaign to bring the whole food chain together to tackle the problem. Farmers and producers will be asked to work harder to reduce the amount of bacteria found in their raw poultry. The public will be able to see the latest data on the FSA website and be the judges of any progress, or lack of progress, that they make.

The Council, along with major supermarkets and other key partners, will also be giving advice to make sure people know how to stay safe.

Bob Martin, Head of Foodborne Disease Strategy at the Food Standards Agency said: "This is a serious problem and we are calling on the whole industry to act together to tackle campylobacter. People in Waltham Forest can do their part by handling and preparing chicken with extra care – don't wash raw chicken, cook it properly and enjoy it safely."

More info

For more information and tips on how to prepare food safely visit the Food Standards Agency website www.food.gov.uk/actnow. Free internet access is available at all libraries in the borough.

Fact file

- About four in five cases of campylobacter poisoning in the UK come from contaminated poultry. Symptoms include abdominal pain, severe diarrhoea and, sometimes vomiting.
- Campylobacter poisoning can be particularly severe in small children and the elderly. Longer lasting effects can include irritable bowel syndrome, reactive arthritis and in rare cases, Guillain-Barré syndrome – a serious condition of the nervous system.
- Four times each year, the FSA will release the results of tests carried out on about 1,000 samples of chicken being sold in the UK. The information will be published on the FSA website and will include details about where the chicken was bought, the abattoir that processed it, whether or not the sample contained campylobacter and if so, how heavily it was contaminated.
- Don't wash raw chicken – washing raw poultry can spread campylobacter by splashing it on to other surfaces, food, your skin, clothing and kitchen equipment.
- Thoroughly cooking poultry kills campylobacter – make sure no pink meat remains.
- More information is available on the FSA website at www.food.gov.uk/chicken.

Love North Chingford

- Saturday market comes to Station Road for the first time on 28 June
- New group established to champion independently owned businesses



The Love North Chingford group (from left to right) Grace Baker, designer; Helen Patey, Zekana Hair; Audrey De Vere Hunt, Glam Ladies Clothing; Katie Spanjar, One Twenty; Stephen Murphy, Wine Factor; Jo Faint, London Cake Company; Adam Osen, resident and Treasurer; Cheryl Young Sooruth, London Cake Company and Jonny Spanjar, One Twenty

A new group called 'Love North Chingford' has brought together local independently owned businesses on Station Road in an effort to help support one another in making North Chingford a prime shopping destination.

"The aim is to get the locals to stay local," explained Katie Spanjar

from Bar One Twenty, who along with her husband is Secretary of the new organisation.

"Everyone knows that things like rent increases and online shopping have impacted on local high streets, but that's hitting businesses nationwide. It is up to us to champion the diverse range of eateries, salons and shops on

Station Road."

Around a quarter of the businesses along Station Road are now on board, paying an annual fee to cover the cost of equipment, advertising and printing. Set up as a Not for Profit Organisation, Love North Chingford allows each member to have a say.

The group is supported by the Council's business team, with an officer attending meetings and providing help with all manner of issues from street trading to licensing.

"We're using Facebook and Twitter to advertise any events, post pictures of the area and local legends," said Katie. "We meet fortnightly in each other's shops – the London Cake Company has been a favourite so far! – and believe we can use the rich history, great transport links and fantastic shops on offer to draw people from far and wide, as well as meeting the local need."

And it's certainly not all talk, as the arrival of the first ever Saturday

Market that is coming to Station Road on 28 June proves.

It has been organised by Roger Salmons, a north Chingford resident who successfully ran Broadway Market in Hackney for many years. There will be 35 stalls offering crafts, clothes, vintage items and street food including pulled pork, Indonesian and jerk.

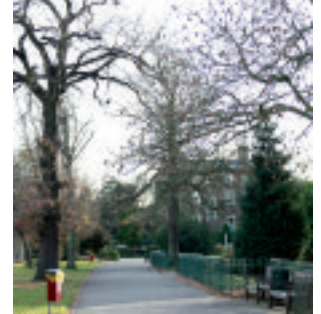
There will also be buskers, local dance schools and music to give the day a carnival atmosphere. The Saturday Market will take place on the fourth Saturday of every month from 10am.

So if you love North Chingford check out the market and see what Station Road has to offer. You'll love it!

More info

For more information about Love North Chingford visit their Facebook page – search **LoveNorthChingford** or follow their Twitter account **@LoveNorCh**. Free internet access is available at all libraries.

In brief



Join the Green Gym

The Conservation Volunteers Green Gym is a scheme that can improve your health and support the environment at the same time. If you have some spare time and energy, the Green Gym can give you a workout while tackling physical jobs that need doing in Lloyd park. It's free to take part and all are welcome every Friday between 11am and 2pm at Lloyd Park, Forest Road, Walthamstow – meet at the stables.

• For more information phone Gareth on 020 8533 8022 or email gg-waltham-forest@tcv.org.uk. Free internet access is available at all libraries in the borough.



Sunday 29 June 10.30 am-5pm
Walthamstow Town Square

**FREE
EVENTS
NO TICKET
REQUIRED**

Tour de Waltham Forest comprises cycle rides around the Borough of Waltham Forest:
Bronze ride, 7 miles, 12 noon and 2pm
Silver ride, 12.5 miles, 1pm
Gold ride, 27 miles 11am

The event is aimed at families, recreational and club cyclists. Come down, join in and discover your borough.

Sports and fitness

Orion Harriers Fell Race

Friday 20 June, 7.30pm

Jubilee Retreat, Bury Road, E4 7QJ
Three mile fell run through Epping Forest. The only fell race inside the M25. Includes 1000ft of climb, city views and a beer afterwards! Entry £3 on the day only. **For more information phone 07910 185 162, email thgirwmit@hotmail.com or visit www.orionharriers.org.uk.**

Chi Kung in the Park

Sundays; 15 June to 6 July, 9–10am

St James Park, Essex Road, E17 8AU
The four week course costs £20, payable in advance, or £7 per class on a drop-in basis. Please get in touch if you are interested in joining this class. **Phone 0790 550 2183, email heikeck@hotmail.com or visit www.heikechikung.co.uk.**

Women Only Pilates

Every Friday (except first of the month) 7–8pm

Foster Hall, Wellesley Road, E17 8JZ
Traditional mat-based Pilates is one of the most effective body sculpting workouts you can do. Pilates combines strengthening, relaxation, flexibility, alignment and stamina by correcting muscular imbalances together with alleviating tension. Mixed abilities, £5 per class, mat required. **For more information email mariaonner@btinternet.com or phone Maria on 07514 180 360.**

Eton Manor AC

Tuesdays and Thursdays, times vary

The Cottage, 3 Marsh Lane, E10 7BL
Eton Manor AC is a friendly athletics club for runners of all ages and standards. We're not big, but we are friendly and welcome runners and athletes of all ages from absolute beginners to up-and-coming elite athletes. More information about the club or the training courses can be found on our website. **Visit www.etonmanor.com, phone Rachel Brittle, Club Secretary, on 07931 049 638 or email etonmanorac2013@gmail.com**



Women's and Girl's Activities

Saturdays, 10.30–11.30am

Sundays, 3–5pm

Walthamstow Leisure Centre, 243 Markhouse Road, E17 8RN
Come along to adult and junior Brazilian dance sessions on Saturdays. Suitable for ages eight and over. Join us for trampolene fun on Sundays. Sessions for eight to 15 years run from 3–4pm and sessions for ages 16 and over run from 4–5pm. **For more information phone 020 8520 7464 or email Walthamstow@gll.org.**

Beginners Walking Group

From Monday 9 June, 7–8pm

Hale End Harriers invite you to join our new beginners walking fitness programme which is perfect if you haven't run for a long time. We're a small friendly group led by qualified Running Leaders Rita and Mel. If you want to get fit and energised get in touch. **For more information email haleendharriers@live.co.uk.**

Pilates classes in Leyton

Thursdays, 7–8 pm

Leyton Parish Church Hall, Lindley Road, E10 6QT
Drop in Pilates classes. General level but beginners and more experienced participants can all be accommodated. Classes cost £10 and mats and small equipment are provided. Alison is highly qualified and experienced and has been teaching for 14 years. Pilates can improve your strength, flexibility, balance, coordination, bone density, reduce pain and encourage relaxation. Men, women, older people; all are welcome. New participants must contact me first please. **For more information email alison.bray@gmail.com or visit www.facebook.com/abpilateslondon.**

Ladies Tap Dancing Classes

Thursdays; Beginners, 12.15–1pm and Improvers, 1.15–2.15pm

St Edmund's Church, Chingford Mount Road, E4 9DS
Charge of £4 per class. Classes also available on Tuesday evenings. **For more information phone Mandy on 07976 786 404 or 01992 524 681.**

Yogi J Yoga

Mondays, 7–8pm

The Limes Community Centre, 6 Somers Road, E17 6RX
A mixed ability class focusing on mind, body and breath. Suitable for all levels, moving through gentle poses with options to deepen your practice. Develop flexibility, balance, strength and relaxation in the body and the mind. £9 drop in or buy a six week block for £45. Bring your own mat or buy one from me for £10. **For more information please email [James jmcassidy123@aol.com](mailto:jmcassidy123@aol.com).**

Zumba with Zoe in Leyton

Every Monday, 7.30pm

The Score Centre, 100 Oliver Road, E10 5JY
Classes are great fun, an excellent way to keep fit, lose weight and every class feels like a party. Zumba is your opportunity to express yourself and unleash your 'Latin within'! £5 per class. **For more information email info@zumbazoe.co.uk or visit www.zumbazoe.co.uk**

Free Lawn Green Bowls Coaching

Saturdays, 10.30am–12.30pm

Silverthorn Bowling Club, Ropers Avenue Ground, E4 9EJ
Free coaching is available for young people aged 11 to 16 and all adults. No obligation to join. Adults can use bowling as a leisurely healthy pursuit or move into competition if inspired to do so. Our qualified coaches are CRB checked and fully supportive. We anticipate building a youth team to play other Bowling Clubs with a youth element. Come along and join in the fun, meet new people and learn to bowl. Free refreshments on the day. You must wear flat shoes to bowl. **To book your place phone 020 8531 6619, or just turn up on the day.**

Clubs and community

Community local produce stall

Every Saturday, 10.30am – 3pm

St John's Church, Church Lane, Leytonstone (between the church and Matalan)

A stall selling delicious, locally grown organic fruit and vegetables, and other local produce. A partnership between Organiclea and Transition Leytonstone.

For more information email stall@transitionleytonstone.org.uk or phone 020 8556 3090.

Songs of Praise

Sunday 15 June, 5.30pm

Central Baptist Church, 101 Orford Road E17 9QR
Central Baptist Church is 100 years old in June 2014. As part of our celebrations, our weekend services will culminate in a Songs of Praise service. Come and join us as we give thanks to God for the last 100 years. All Welcome – bring your friends! **For more information phone 020 8503 7577 or email Central101@btconnect.com.**

St Mary's Primary School Summer Fair

Saturday 21 June, 12–3pm

Chestnut Avenue South entrance, E17 9EL
Our Summer Fair includes international food and BBQ, grand raffle, bouncy castle, face painting, games and stalls, summer grotto, live music and much more. **Entry is £1 for adults and children go free.**

Summer Fete

Friday 20 June, 3.45–6.30pm

Stoneydown Park Primary School, Pretoria Avenue, E17 6JY
Activities include bouncy castle, international food, teddy and toy tombola, arts and crafts, bric-a-brac, obstacle course, coconut shy, treasure hunt, face painting and lots more! **Entry costs £1 for adults and children aged 11 and over.**

Fun Day

Saturday 14 June, 12–3pm

Greenleaf Road Baptist Church, 4 Greenleaf Road, E17 6QQ

A warm welcome to all. Fun day includes BBQ, bouncy castle, craft sale, cake sale, children's games, gift stalls and family photo shoot. **Free Admission.**

Waltham Forest Carers Association

Thursday 12 June, 8am–12noon

Handsworth Medical Practice, Handsworth Ave, E4 9PD

Friday 13 June, 8am–12noon

The Firs Medical Centre, 26 Stephenson Rd, E17 7JT

Friday 13 June, 1.30–6pm

Sainsbury's Chingford, 13 Hall Lane, E4 8HH

As part of Carers Week, Waltham Forest Carers Association will be visiting venues across the borough to raise awareness of its work and the work of the UK 6.5 million unpaid carers. WfCA provide free information, advice and support to carers. Come along to one of the events and find out what support is available. **For more information phone WfCA on 020 8556 0857, email info@walthamforestcarers.com or visit www.walthamforestcarers.com.**

Walthamstow School for Girls Alumnae Event

Saturday 5 July, 10.30am–3.30pm

Walthamstow School for Girls, Church Hill, E17 9RZ

Annual get together for former pupils and staff. Entry to event is £15, which includes lunch and refreshments. **For more information phone Lesley Winter on 020 8509 9410 or email l.winter@wsfg.sch.uk.**

Affordable Psychotherapy in English and Spanish

Monday to Friday, 9am–8pm

Near Blackhorse Road Station
Short and long term psychotherapy for individuals and couples. Sliding scale of fees, meaning that everyone can access psychotherapy. Concessions for students, unwaged and retired people. **For more information phone Valeria Bonfiglio on 07912 887 588, email vb.psychologist@gmail.com or visit www.valeribonfiglio.co.uk**

Holy Family Summer Fair

Saturday 28 June, 12–4pm

1 Shernhall Street, E17 3EA

The Friends of Holy Family Catholic School and Sixth Form are holding an afternoon of family fun, with a driving school, stocks, coconut shy, foodie treats from Portugal and Africa along with what we think of as the best BBQ in the borough, afternoon tea and homemade cakes for sale too. We are also showcasing our students many talents with a technology exhibition and the 'Holy Family Has Talent' final. A limited amount of outdoor tables will be available at £15 (£10 if paid before the event). Entrance fee is 50p for adults and 20p for concessions. **To book a table email t.friends@holyfamily.waltham.sch.uk or phone the school on 020 8520 0482.**

Picnic with Waltham Forest LETS

Sunday 15 June, 12–2pm

Lloyd Park, Walthamstow
Come and join a summer picnic with members of WF LETS, a brilliant local trading scheme that helps the community to share goods and services without using money. We'll share a feast near the green outdoor exercise gym in Lloyd Park. Bring a rug and something to add to the shared nibbles. This will be a chance to meet and mingle with other LETS traders, find out what's on offer and also catch the last day of the E17 Art Trail. **For more information phone Deryl on 07947 588 555 or visit www.wflets.org.**

CHeWs Dog Training

Mondays, Wednesdays and Thursdays

Near Chingford Mount
Friendly club offering pet dog training. Includes puppy and adult dog classes. **For more information phone Sarah on 020 8523 9937 or 07732 306 543 or email chewsdogtraining@yahoo.co.uk**



Culture and crafts

Learn Mandarin

Days and times to suit

LCB Education Centre, Suite 12 Gateland Business Centre, 210 Church Road, E10 7JG
Develop your Mandarin language cultural skills. Discover the fun steps to speaking, reading, writing and thinking in a new language. A range of courses, including: beginners, intermediate and advanced conversational Mandarin, Chinese calligraphy, business Chinese and mandarin for kids. **Please phone Mr Jianhui Cai on 07412 485 813 or email crossculturebilingualeducation@yahoo.co.uk**

Felicitas Chamber Choir – ‘A Boy and a Girl’

Saturday 28 June, 7.30pm

United Free Church, High Elms, Woodford Green

The concert is inspired by Eric Whitacre's setting of Octavia Paz's haunting poem and will feature a variety of both sacred and secular music, unaccompanied and with piano. Tickets cost £10 and children and full time students under 25 go free. Tickets are available on the door or in advance from Ticketsource or by post from Ticket Secretary, Anne Jones, 87 Malford Grove, South Woodford, E18 2DH. Please enclose an s.a.e. and cheque payable to 'Felicitas'.

For more information visit www.felicitas.org.uk.

E17 Jazz

Wednesday 30 July, 8.30–10.30pm

Orford House Social Club, 73 Orford Road, E17 9QR

The award winning E17 jazz collective presents concerts on the last Wednesday of each month featuring local musicians of national renown plus exciting guest stars in a relaxed jazz club setting. **For more information visit www.e17jazz.com/whatson.**

Poetry at the Vestry

Wednesday 11 June, 7pm

Vestry House Museum, Vestry Road, E17 9NH

Featuring prize-winning poets Kayo Chingonyi and Michael McKimm, plus readings from Forest Poets and poetry open mic. Free event. **For more information, phone Paul McGrane on 020 7420 9881 or email membership@poetrysociety.org.uk or Tweet @ForestPoets.**

New Words, Old Things

Sunday 15 June, 11am and 2.30pm

Vestry House Museum, Vestry Road, E17 9NH

Join the free guided poetry trails around Vestry House Museum. The poems are by members of Forest Poets, based in Walthamstow, and inspired by some of the treasured objects in the museum's collection. The trail will include special poetry readings. Can't make it to the poetry trail? The poems will be on display until Sunday 15 June. **For more information, phone Paul McGrane on 020 7420 9881 or email membership@poetrysociety.org.uk or Tweet @ForestPoets.**

Mirror Mic at the Hornbeam

Friday 13 June, 7.30pm

The Hornbeam Centre, 458 Hoe Street, E17 9AH

On the second Friday of every month the Mirror Mic team host a wonderful, friendly open mic night. Singers, musicians, poets, comedians and magicians all welcome. Come and cheer on some raw London talent at this wonderful, intimate venue. This is a very popular event arrive early for best seats. **Entry is free.**

Photography Summer Course

Mondays from 30 June to 18 August, 7.45–10pm

Greenleaf Baptist Church Hall, 4 Greenleaf Road, E17 6QQ

Walthamstow and District Photographic Society's summer photography course.

To book a place visit www.wdps.org or email info@wdps.org.

E17 Designers' Market

Friday 13 June, 7–10pm

Grove Café, 21 Hatherley Mews, E17 4QP

Free entry, live music, licensed bar, Latino cocktails and Frank's Colombian tostadas! Our E17 Art Trail event will offer the regular exciting mix of artists, designers and crafts people with gifts for sale. **For more information visit www.e17designers.co.uk or tweet @E17designers.**

Perturbation by Gemma Seddon

Saturday 14 June, 10am–2pm

Forest Recycling Project, 2c Bakers Avenue, E17 9AW

Tree sculptures created from reclaimed domestic copper pipes. The structures represent a changing world. They are organic-like as well as manufactured. They seem to move in a natural way whilst being unnatural. This contradiction creates the Perturbation. The exhibition is held at FRP's reclaimed paint shop. **For more information visit www.inagemmaworld.com, www.frponline.org.uk or phone 020 8539 3856.**

Five String Banjo

Mondays; improvers/intermediate, 7.30pm and beginners, 8.30pm

Wednesdays; intermediate, 6.30pm

Studio Office, Quaker Meeting House, 1a Jewel Road, E17 4QU
Dick Smith teaches five-string Banjo classes in three finger picking/Bluegrass style for adults. He has been teaching Bluegrass banjo lessons for more than 15 years. Term runs for eight weeks, starting on Monday 2 June. **For more information visit www.banjosmith.co.uk, email info.banjosmith@gmail.com or phone 07745 052 525.**

Strung out – violin for adults

Tuesdays and Thursdays

Studio Office, Quaker Meeting House, 1a Jewel Road, E17 4QU

Strung Out is a fun violin group for adult enthusiasts of all levels, run by a professional musician. All styles of music welcomed from classical to traditional. Evening classes are limited, so please call in advance for further information and to reserve a place. Places currently available for intermediates and improvers/beginners. **For more information phone Alison on 07740 622 428, email strungout@shapeshifter-productions.com or visit www.shapeshifter-productions.com.**

A Midsummer Morning Herb Walk

Sunday 15 June, 10.30am–12.30pm

Meet at The Mill, 7–11 Coppermill Lane, E17 7HA

Explore the blossoming Walthamstow Marshes with community herbalist Rasheeqa Ahmad, and discover the flower power of the season. We'll walk and spot medicinal plants, and sit with them to share knowledge about how to find, gather and use healing herbs for health. Costs is £6.50 or £5 for concessions.

To book a place phone Rasheeqa on 07784 506 494, email rasheeqa@hedgeherbs.org.uk or visit www.hedgeherbs.org.uk

The Long Table

Thursdays; 12 June, 17 July and 21 August, 7.30pm

William Morris Gallery, Lloyd Park, Forest Road, E17 4PP

Two courses of modern summer dining savoured with featured craft ales as the sun sets over Lloyd Park, with private gallery view. **To book a place visit www.edibleexperiences.com/p/1712055/Just-Hospitality/525001/The-Long-Table-series-2 or email Sarah Connor sarahconnor@justhospitality.co.uk.**

Children and young people

Acting Bugs

Every Friday, 9.50–11.30am

The Peterhouse Centre, 122 Forest Rise, E17 3PW

Acting Bugs and Diddy Bugs are drama groups for children aged three to four years and 18 months to three years lead by local TV actress and mum, Sam Seager, and children's author Shirani Bolle. The sessions introduce pre-school children to the world of drama in a fun and playful way, inspiring young imaginations through storytelling, movement, music, puppets and bubbles. Parents stay with their children through the session. Numbers strictly limited so please email or call to book your free taster session. **Email info@actingbugs.co.uk, visit www.actingbugs.co.uk or phone 07548 196 722.**

Free Tai Chi for females aged 11 to 18

Every Tuesday, 6–7pm

The Foster Hall, St Barnabas Church, Wellesley Road, E17 8JZ

A Sportivate funded project. Tai Chi brings calming effects and improved fitness. Free for young women aged 11 to 18 for a block of six sessions until July. **For more information, or to book a place, email info@daolu.co.uk or phone 07713 152 999.**

Shaolin Warriors for 11–25 years

Every Thursday, 7–8pm

The Foster Hall, St Barnabas Church, Wellesley Road, E17 8JZ

A Sportivate funded project for young people aged 11 to 25. Ever dreamed of being like Bruce Lee? Then come along to learn legendary Shaolin Kungfu and its history from Shifu Browne, 34th generation Shaolin Disciple of Shaolin Temple China. Special rate of £15 for a block of six sessions. **For more information, or to book a place, email info@daolu.co.uk or phone 07713 152 999.**

Waltham Forest Dyslexia Association Summer Transition Club

Monday 28 July to Friday 1 August, 10am–3pm

Forest School, Snaresbrook, E17 3PY

To get a taste of secondary school life, WFDA is hosting a free fun Summer Transition Club for Year 6 pupils with dyslexia/dyspraxia who are moving on to Year 7 in September. Book early as places are limited. **For more information visit www.wfda.org.uk, email Helen@wfa.org.uk or phone her on 07702 601 877.**

E17 Junior Guitar Club

Saturdays, times vary

Hornbeam Centre, 458 Hoe Street, E17 9AH

Guitar playing fun for children of all abilities. Ages 7 and upwards. Pay £8 for a taster session, then £48 for a half-term of six lessons 30 minutes each. **For more information phone Christian Karlsson on 07958 471 083, email chris@stunningmusic.com or visit www.stunningmusic.com**

Children and Young People's Directory

Compiled by the Council's Early Intervention and Prevention Service (EIP), the CYPD is packed with useful information and guidance for all families including local support services, Ofsted registered childcare and a 'What's On' section with activities for all ages. **For more information visit www.walthamforest.gov.uk/cypd**

Council Meetings

Tuesday 10 June

Health and Wellbeing Board, 6pm

Thursday 12 June

first meeting of Full Council

All meetings are held at Waltham Forest Town Hall and start at 7.30pm unless stated otherwise.



Tell us what's on

Email your event details to:

walthamforestnews@walthamforest.gov.uk

Free internet access is available at all libraries in the borough.

The deadline for Monday 7 July edition is Friday 20 June

Please note inclusion cannot be guaranteed, due to the high volume of requests received. You can also list events for free on the Council's website. Visit www.walthamforest.gov.uk and search 'whats on'

WALTHAM FOREST
Get Together

GET TOGETHER TO ENJOY
ANOTHER BRILLIANT YEAR
IN WALTHAM FOREST

**FREE
EVENT**
NO TICKET
REQUIRED

Mela

Celebrating the best of Asian culture

Sunday 22 June 2014, 1pm–6pm

- ✦ Mesmerising music ✦ Spellbinding dance
- ✦ Exciting food and drinks
- ✦ Kabaddi and Asian sports



**Taz, aka
Stereo Nation**



515 Crew



**Hosted by former
Eastenders actor
Ameet Chana**



**Jazba
Dance Troupe**



Sona Walia



SK1



**Tasha Tah
& Rameet**



San2 Singh

Family fun including a funfair and bouncy castles

Chestnuts Field
Waltham Forest Town Hall Complex
Forest Road, Walthamstow E17 4JF



www.walthamforest.gov.uk/get-together



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Waltham Forest

Leytonstone



Younger residents can have fun making colourful costumes at the Leytonstone Festival's Children's Carnival on Saturday 19 July

Leytonstone Festival

- **Annual Leytonstone Festival celebrates 21st year from 10 to 20 July**
- **With dozens of events to choose from, there's something for everyone**

E11 residents can enjoy a fun-filled July with friends and family when the Leytonstone Festival returns to celebrate its twenty first birthday in style.

The festival, which takes place from Thursday 10 to Sunday 20 July, is a celebration of community, music, art, history and culture, and this year the organisers promise it will be bigger and better than ever before.

Leytonstone Festival is organised by local charity the Leytonstone Festival Association, and all events take place at venues in Leytonstone.

At the time of Waltham Forest News going to press, the organisers were still finalising the programme of events. But there is sure to be the usual abundance of performances and activities, showcasing local talent and offering dance, film, talks, literature, drama, music, poetry and more.

Shah Ahmed, Chair of

Leytonstone Festival, told Waltham Forest News: "We're delighted to be celebrating our 21st festival with a fantastic programme of events that promises something for everyone.

"Our music line up offers everything from classical and jazz to R&B and rock and roll. We've got some exciting new food events this year, plus our popular Sustainable Suppers at Carlton House.

"Leytonstone Festival is a wonderful community event that brings everyone together and it's a great showcase for our local talent. Come and enjoy ten days of fabulous entertainment."

With dozens of events on offer there is sure to be something for the whole family to enjoy, and in true community spirit many events are free or cost just a few pounds.

The festival kicks off on Thursday 10 July with events including a free lunchtime concert at St John's Church (Church Lane, E11 1HH)

and a British beer and cheese tasting.

Other highlights will include a performance by Pete Skiv's Swingfellows – with their brilliant take on the jazz greats, R&B music from 'Big Chief', an Alfred Hitchcock workshop, Tower Tours of St John's Church, book clubs and plenty of performances from renowned amateur thespians The Woodhouse Players.

As the festival is a fun, family event there will also be plenty to keep the borough's youngest residents entertained. Why not take the little ones along to the colourful Children's Carnival, which will take place on Saturday 19 July. The event includes costume making, music, dancing and lots more.

Food will also play a big part in this year's celebrations. As well as the beer and cheese tasting on the opening day, there will also be a wine and cheese tasting event on

Thursday 17 July and the ever-popular Sustainable Supper returns to Carlton House (14 Aylmer Road, E11 3AD).

The Festival ends on Sunday 20 July with a fantastic finale – the annual 'What's Cookin' Leytonstone Festival Sunday Picnic in Henry Reynolds Gardens (Bush Road, E11 3AU). This popular event features an eclectic host of bands including Miraculous Mule, Dan Raza and The Shrouds, Yngve and The Innocent, Graham Larkbey and The Escape Committee and more to be confirmed.

Refreshments including real ales, Caribbean punch and tasty BBQ food will also be available to buy. The event is free to attend, but there will be a collection bucket in aid of charity. The fun starts at 12noon and finishes at 8pm. So make sure you bring the family, picnic blankets and plenty of sun cream – or a brolly!

A full programme of events will soon be available on the Leytonstone Festival website – so why not take a look and start planning what you want to see and do?

More info

For more information visit www.leytonstonefestival.org.uk. Free internet access is available at all libraries in the borough.

In brief

Community Library celebrates

Harrow Green Community Library marked its first birthday with a special celebration event last month. As well as taking a tour of the library, residents enjoyed performances from award-winning poet John Hegley and local professional dancer Theo Oloyade (aka Godson), a finalist on Sky One's 'Got to Dance'. The library is housed at The Epicentre (41 West Street, E11 4LJ). As well as offering books for lending, the library hosts activities including a creative writing group and art workshops for children aged eight to 11. The volunteer-run library is open Monday, 10am-3pm; Thursday, 3-7.30pm and Saturday, 11am-2pm. Joining the library is free. All you need to do is fill out an application form and provide one piece of identification that includes your name and address. The library is also keen to hear from residents who would like to volunteer or to join its friendly Planning Group.

• For more information visit www.harrowgreenlibrary.wordpress.com or phone 07460 800 229. If you are interested in volunteering, please email harrowgreenlibrary@gmx.co.uk and put 'Volunteer' in the subject line.

Paintables by Boris Born

A new exhibition by artist Boris Born has gone on display at Leytonstone's volunteer-led gallery the Stone Space (6 Church Lane, E11 1HG). 'Paintables' is a series of abstract paintings that use a brighter colour palette than the artist usually favours. Boris is an abstract painter who works with handmade or found pigments and unusual canvases materials instead of traditional artist's materials. His choice of pigment material includes tealeaves, beach sand from different shorelines, rusted iron filings and fire ash. His choice of surfaces includes industrial felt-pads, roofing slate, time-scarred floorboards, sackcloth and embossed wallpaper. The exhibition will run until Sunday 22 June. The Stone Space is open Thursdays and Fridays, 2-6pm; Saturdays 12-5pm and Sundays 12-4pm.

• For more information visit www.thestonespace.wordpress.com or email stonespace.enquiries@gmail.com. For more information on Boris Born visit www.borisborn.com. Free internet access is available at all libraries in the borough.

Inspection praise for Davies Lane Primary



Pupils taking part in the turf cutting ceremony at Davies Lane Primary School

- The school achieves 'Outstanding' in all four Ofsted inspection categories
- This latest inspection takes it from a 'Good' to an 'Outstanding' school

It was celebrations all round at one of the borough's primary schools after it was awarded 'Outstanding' in its latest Ofsted inspection and construction works started to expand the school.

At a turf cutting ceremony, pupils gathered to mark the start of the redevelopment project which will provide at least 20 new construction jobs for local people.

The redevelopment work will include eight new classrooms, creating an additional 420 school places; a new playground and dining hall; a new pre-school classroom and a remodelled reception area.

The work will cost £6.9million and is expected to be completed in 2016.

Ofsted inspectors visited the school over two days in April and awarded it a rating of 'Outstanding' in all four inspection categories.

The report said the school has: "Highly effective and inspirational leaders, managers and governors [who] pursue excellence in all of the school's activities. They share the determination, drive and ambition to enable all pupils to achieve as well as they can."

It continued: "Pupils of all backgrounds and abilities make outstanding progress whatever point they start at the school. Disabled pupils, those with special educational needs, and those who speak English as an additional language or who are supported by pupil premium achieve

better than others in their group nationally."

Head teacher, Maureen Okoye, told Waltham Forest News: "Davies Lane Primary School has been on a remarkable journey towards excellence. The foundation of the school is built on a strong partnership between staff, pupils, parents and the Governing Body."

"We share a common determination that ensures that all children achieve their potential and exceed expectations. With this strong common purpose, we have built a culture that embodies the high expectations and drive of the school leaders and Governing Body."

The school's construction programme will employ up to 100

people and contractor Balfour Beatty has agreed it will give at least 20 per cent of the new jobs to people living in Waltham Forest.

There is also a commitment for at least 14 people from the borough to access apprenticeships or skills training. The scheme is part of Waltham Forest Council's borough-wide regeneration programme, which includes a £170million investment to improve and expand schools in the borough. One of the Council's priorities is to provide young people with high quality education to give each pupil the best possible chances later in life.

Over the past year the regeneration programme has unlocked more than 800 new construction jobs,

apprenticeships and work placements for local unemployed people. This year it's hoped a further 900 jobs will be made available for residents.

In recognition of the Council's commitment to employing local people, the CITB recently awarded Davies Lane School with National Skills Academy status for construction.

More info

For more information about Davies Lane School visit www.davieslane.co.uk. For more information about the redevelopment project visit www.walthamforest.gov.uk/betterschools. Free internet access is available at all libraries in the borough.

In brief

Teenage refugee signs with Championship club

A local school boy who started playing football in his bare feet on the war-torn streets of his homeland has signed an academy contract with Watford Football Club.

Max Makaka, 16, from Leyton, will begin training full-time with the Championship side on a two-year contract, having honed his skills on a dusty pitch in the Democratic Republic of Congo. The young midfielder's potential was spotted by a scout while playing for a local team.

Max, who has just finished his GCSEs at George Mitchell School in Leyton, turned

down deals from Stoke, West Ham, Arsenal and Charlton.

Max told Waltham Forest News: "In Congo they don't have the facilities. Most kids don't have shoes or boots so they play in their bare feet on the streets. There was one pitch near where I lived but it wasn't like here."

Saeed Hussain, Head teacher at George Mitchell School, added: "I am very proud of Max's achievements and pleased that we have been able to help him turn his dream of becoming a professional football player into reality."

College wins green award

Staff and pupils at Sir George Monoux College are celebrating after winning a prestigious green energy prize for schools and colleges. The Ashden School Awards recognise educational institutions for their achievements in 'going green' and galvanising young people to embrace energy-saving ideas. As well as switching to low-energy lighting and installing efficient boilers, Principal Paolo Ramella inspired students to embrace his vision of the college becoming carbon neutral. Sir George Monoux also has an open-air 'eco gym' where students can use their own energy to charge their mobile phones. Even more excitingly, the income generated from the college's

solar panels finances scholarships for ten students. The college was the joint winner of the 2014 Ashden Schools Award, along with St Faith's, Cambridge. Former George Monoux student and winner of the BBC's 'The Voice', Jermain Jackman, presented the award to the college along with a cheque for £5,000. Now in their fourteenth year, the Ashden Awards champion practical, local energy solutions that cut carbon, reduce poverty and improve people's lives in the UK and developing world.

• For more information visit www.ashden.org. Free internet access is available at all libraries in the borough.



Former George Monoux College student Jermain Jackman, who was the winner of BBC One's 'The Voice', presented the Ashden Award George Monoux College

Help managing your money

- Local organisations offer free and impartial financial advice
- Don't fall into the payday loan trap

Although the economy is now growing, for people living from one payday to the next life can still be an uphill struggle – especially if the kids need new school uniform, the gas bill is higher than expected or the car fails its MOT.

While some people might be tempted to take out a short term loan to cover unexpected expenses, community groups and even the Church of England, are warning that so-called 'payday loans' could make your finances worse in the long run.

Payday loans are designed to be fully repaid within a short period of time. What most people do not realise is that the annual interest rates of such loans can be up to 5,000 per cent. And if you do not

amounts of interest.

"If the company is unable to take the money then daily charges are added, and a black mark will be created on their credit history that takes years to remove. For many this creates a debt spiral that is inescapable without professional help.

"The simple message is to avoid payday loan companies and if you are experiencing debt problems to seek help from the many debt charities who are there to help for free."

In Waltham Forest there are a number of organisations that can offer free, impartial advice if you need help managing your finances or finding solutions to debt problems.

"When people take out payday loans they usually need money there and then to get through the next week."

repay on time, you could be hit with huge penalty charges that make your money problems worse.

In Waltham Forest, a community group has been doing its bit to warn residents of the spiralling costs that can be associated with some payday loans.

Sharkstoppers, which is coordinated by local resident Liam Gavin, has been handing out leaflets in Waltham Forest over the past year. They warn about the potential dangers of payday loans, as well as giving contact details for charities and local organisations that can provide free, impartial financial advice.

Liam told Waltham Forest News: "When people take out payday loans they usually need money there and then to get through the next week. They don't realise that if they miss the repayments, the money could automatically be taken from their account along with huge

Christians Against Poverty

National debt counselling charity Christians Against Poverty (CAP) runs a free debt advice service in partnership with St Mary's Church in Walthamstow.

The service is open to all Waltham Forest residents regardless of age, gender, faith, background or where you live in the borough.

When you contact CAP an advisor will arrange to come and see you at your home. They will talk through your difficulties and help you work out a payment plan and a carefully planned budget which aims to get you debt free within five years.

Claire Donaldson, Centre Manager for CAP's Waltham Forest Branch, told Waltham Forest News: "We really want to encourage anyone out there who is struggling today with unmanageable debt to get in touch.

"Our service is completely free of charge and confidential. We



visit people in the privacy of their own home and support them right through to becoming debt free.

CAP has also started monthly drop-in advice sessions at St Gabriel's Community Centre (Havant Road, E17 3JF). The sessions take place on the last Wednesday of every month between 10am and 12noon. Please phone to check that the sessions are running before you leave home.

National Debtline

The National Debtline gives free, confidential and independent advice to people experiencing debt problems. The telephone helpline is open Monday to Friday, 9am to 9pm and on Saturdays from 9.30am to 1pm.

National Debtline also has a website where you can download an information pack on dealing with debt, a personal budget section so you can work out what repayments you can afford and a range of sample letters to help you write to your creditors.

Waltham Forest Community Credit Union

The Waltham Forest Community Credit Union (WFCCU) offers savings, loans and money management advice to people who live or work in Waltham Forest. The union is owned by, and run for, its members.

The credit union is a financial cooperative where you can save

money and get a portion of profits back once a year or borrow money when you need it at low interest rates.

You can access affordable loans and any surplus the union makes is given back to members as a dividend (portion of profits). It's a no cost way to give something back to your local community.

Anyone over the age of 16 can become a full member of the WFCCU, although you cannot borrow money until you're 18. WFCCU also offers a Junior Savers scheme for children under 16.

All savings are protected under the Financial Services Compensation Scheme. So if, for any reason, the WFCCU were to close down you'd get all of your money back. Crucially, WFCCU also insures your savings free of charge. In the event of your death your

savings will be doubled and paid out to the person you nominate and your loan will be paid off so that your family doesn't inherit your debt.

Citizens Advice Bureau

The Waltham Forest Citizens Advice Bureau (WFCAB) provides both general and specialist advice on a wide range of issues including welfare benefits, immigration and employment, and debt and money management.

The WFCAB is a registered charity and a member of the national network of Citizens Advice Bureaux across the UK.

They offer free, confidential, impartial and independent advice and the service is open to all Waltham Forest residents regardless of race, gender, disability or sexuality.

Christians Against Poverty

To find out more phone CAP on **0800 328 0006** or visit **www.capuk.org**. To check if the monthly drop-in advice sessions are running, phone Claire Donaldson on **07724 767 7055**.

National Debtline

Phone National Debtline on **0808 808 4000** or visit **www.nationaldebtline.co.uk**.

Waltham Forest Community Credit Union

Visit **www.wfccu.org** or phone **020 8520 8740**.

Citizens Advice Bureau

Visit **www.walthamforestcab.org.uk** or phone **020 8521 5125** to find out more.

Health, wellbeing and beauty day

Pay £10 for the day and see how many treatments and tasters you can fit in!

Sunday 29 June 2014, 10am – 3pm

Indulge yourself!

Come along and try out some of the wide range of health and wellbeing courses run by Waltham Forest Adult Learning Service.

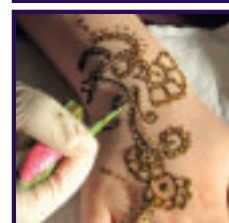
On the day you can try out:

- Indian head massage
- Massage
- Reflexology
- Sports massage therapy
- Tai Chi
- Shiatsu
- Acupressure
- Manicure
- Nail art
- Hairstyling
- Hair cutting
- Facial treatments
- Make-up
- Threading

- Henna
- First Aid
- Food Safety

Highly experienced staff will also be able to answer your questions about the qualifications you need to achieve to work in the sector.

Queens Road Learning Centre
97 Queens Road,
Walthamstow
E17 8QR



Information sessions

Tuesday 15 July 2014
1pm – 3pm and 5pm – 8pm

Queens Road Learning Centre

97 Queens Road
Walthamstow E17 8QR

Tel: 020 8496 2974

Thursday 17 July 2014
10am – 3pm

Leytonstone Learning Link

23-25 North Birkbeck Rd
Leytonstone E11 4JF

Tel: 020 8496 1061

Come and ask our lecturers about all our courses. Get advice about qualifications, what to do after your course and preparation for employment.

ESOL, English and maths assessments are not available at these sessions. Please visit our website or contact the centre for ESOL, English and maths assessment dates.

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Email: adult.learning@walthamforest.gov.uk
www.walthamforest.gov.uk/adult-learning

Planning

LONDON BOROUGH OF WALTHAM FOREST

TOWN & COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (ENGLAND)

ORDER 2010 – NOTICE UNDER ARTICLE 13

NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council for which additional publicity is required.

APPL.NO 2014/0991

APPLICANT Selborne One and Selborne Two Ltd

ADDRESS 11a & 11b Selborne Walk (Shopping Centre), Walthamstow London E17

PROPOSAL Extension to retail area at upper and lower level car parking area and rear extension at service yard area. Reconfiguration of car parking spaces. The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. – 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.

NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council for which

additional publicity is required.

APPL.NO 2014/1035

ADDRESS Site of Focus Store

13 Hickman Avenue, Chingford, E4 9JG

PROPOSAL Construction of three storey (3409sqm GIA) building for self-storage use (use Class B8). Provision of car parking and landscaping.

APPLICANT Second Shurgard Uk Camberley Ltd

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. – 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.

Dated this day 9th June 2014

David Scourfield – Head of Development Management On Behalf of London Borough of Waltham Forest

LONDON BOROUGH OF WALTHAM FOREST

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990 – SECTION 67

NOTICE IS HEREBY GIVEN that the following application for a building within a Conservation Area has been made to this Authority.

APPL.NO 2014/1028

APPLICANT Mr Jonathan Gilkes

ADDRESS 1B Wingfield Road Walthamstow, E17 9NN

PROPOSAL Extensions to form two storey,

2 bedroom dwelling house.

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF

between the hours of 9.00a.m. – 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.

Dated 9th June 2014

David Scourfield – Head of Development Management On Behalf of London Borough of Waltham Forest

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www.bdc.ac.uk

Rush Green Campus
Dagenham Road
Romford RM7 0XU

BDC
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SAT 28 JUNE 2014
11am - 3pm
Courses for 16 to 18 year olds

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10 mins from Leytonstone High Rd St.

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Barking & Dagenham College

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